




Cornwall Manor Wellness Center Activities

June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>Located in the Manypenny Recreational Room—lower level of Zerr Chapel</i>			1 10 a-12:30 p— Yoga 2 p-3 p—Line Dancing	2	3
4	5	6 11:15a-12:00p – Gentle Strength Class 1-2 pm—Joan	7	8 10 a-12:30 p— Yoga 2 p-3 p—Line Dancing	9	10
11	12	13 11:15a-12:00p – Gentle Strength Class 1-2 pm—Joan	14	15 10 a-12:30 p -- Yoga 2 p-3 p—Line Dancing	16	17
18	19	20 11:15a-12:00p – Gentle Strength Class 1-2 pm—Joan	21	22 10 a-12:30 p -- Yoga 2 p-3 p—Line Dancing	23	24
25	26	27 1-2 pm—Joan	28	29 10 a-12:30 p -- Yoga 2 p-3 p—Line Dancing	30	