

Manor Life

Fall 2021

Introducing Trailside Organic Farm

Cornwall Manor has partnered with the Rodale Institute, a nonprofit research and education institution headquartered in Kutztown, PA that has been leading the way in healing people and the planet since 1947. Focused on growing the regenerative organic agriculture movement through research, farmer training, and consumer education, Rodale Institute currently operates seven sites in four U.S. states.

Following the announcement of the collaboration between the Rodale Institute and Cornwall Manor, progress during 2021 has included site improvements of the two-acre site, hiring a farm manager, spreading and cultivating top soil and planting Crimson Clover, a fall cover crop, which builds a healthy soil structure.



Cornwall Manor is the first retirement community to partner with the Rodale Institute and will feature an onsite organic farm.

The Cornwall Manor-Rodale Institute *Trailside Organic Farm* has begun as a two-acre certified organic farm located adjacent to the Rail Trail on Cornwall Manor's Woods Campus. Cornwall Manor will use organic produce grown on the farm to be served in all campus dining areas. Utilizing Rodale Institute's expertise in organic growing methods, *Trailside Organic Farm* will provide residents with healthy, hyper-local food choices and a thriving natural environment that supports their health, environment, and overall well-being.



CORNWALL MANOR • RODALE INSTITUTE

Left photo: Site improvements taking place at *Trailside Organic Farm*.

Second from left: Ian Frederick is the manager of *Trailside Organic Farm*. He has been an employee at Rodale Institute's Kutztown location for three seasons as part of the farm operations team. He will be bringing Rodale's regenerative organic vision along with him to Cornwall Manor.

Second from right: Aerial photo of *Trailside Organic Farm* adjacent to Cornwall Manor's Woods Campus.

Right photo: Farm Manager Ian Frederick tilling the soil at *Trailside*.



Follow *Trailside Organic Farm* updates on our blog: cornwallmanor.org/blog